

How a PBL session works

PBL Coach — example document

Problem-Based Learning (PBL) is a teaching method in which students learn by working through a clinical problem rather than studying topics in isolation. A PBL Coach session applies this method one-to-one with an experienced advisor.

- 1. Choose a topic.** Select the subject and topic for your session.
- 2. Receive a case.** You are sent a clinical case to work through beforehand.
- 3. Prepare and upload.** Research the case, write up your reasoning, and upload it before the session.
- 4. The session.** Discuss the case with your advisor in a one-hour online session over Microsoft Teams.
- 5. Feedback.** Your advisor comments on your reasoning and your written response.
- 6. Next steps.** You receive further reading or tasks based on the session.

Sessions can be taken one-to-one or shared with one or two other students, which lowers the cost per person.

This is an example document for the first version of the site. Supplementary educational support — not a substitute for university teaching or medical advice.